



West End Aquatics - Learn-to-Swim - Summer 2018

General information: We aim to develop lifelong swimmers. Strong swimming leads to a love of water, lifetime fitness opportunities, and most importantly a healthy respect for water safety. Classes are limited to four (4) swimmers ages 4-15 years old. **There are no makeup classes.** Classes that do not meet a minimum of three (3) enrolled swimmers may be cancelled. Tuition is due upon registration, and there are NO REFUNDS after your registration is confirmed. To register, fill out this form and email it to westendswim@gmail.com. Please make checks out to West End. **Because we tend to book every class, we cannot substitute different days or times for individual swimmers. Registrations must be submitted by 5pm on the Friday before the session for which you are registering.**

Class Days	Class Level	Class Times	Tuition
Monday-Friday (5 classes total per session)	1	10:00am/11:00am/12:30pm/2:30pm*/4:00pm/5:00pm	Members \$100 Non-Members \$125
	2	10:30am/11:30am/1:00pm/3:00*pm/5:30pm	
	3	10:00am/11:30am/12:30pm/3:00*pm/4:30pm	
	4	10:30am/12:00pm/1:00pm/3:30*pm/4:30pm	
	5	11:00am/12:00pm/4:00pm	
M/W/F or T/Th	Swim Condition	5:00-6:00pm	Members \$60 (MWF) or \$40 (TTh) NonMembers \$75 (MWF) or \$50 (TTh)

Session 1 June 25-29
 Session 2 July 2-6 **
 Session 3 July 9-13
 Session 4 July 16-20

Session 5 July 23-27
 Session 6 July 30- August 3
 Session 7 August 6-10

* Priority is given to SPORTS Campers for these times. Please register early to secure these spots! **NO CLASS Wednesday , July 4th! Tuition is \$80 for members and \$100 for non-members.

At West End, we aim to develop lifelong swimmers. Strong swimming leads to a love of water, lifetime fitness opportunities, and most importantly, a healthy respect for water safety. Swimmers learn the following skills in the courses below. For example, if your swimmer can do some Freestyle but not Backstroke, s/he should be in Level 3.

Level 1 - Blow bubbles, submerge face, bobs, float on back and front, glide, basic safety rules.

Level 2 - Streamline kick front and back, kickboard kick, beginning Freestyle (15yds), surface diving to 4'.

Level 3 - Freestyle and Backstroke kick and strokes (25yds), surface diving to 7', jumps from edge, begin treading water.

Level 4 - Deep water bobs, Freestyle and Backstroke endurance (50yds), beginning Breaststroke, treading water, beginning dives.

Level 5 - Freestyle, Backstroke, and Breaststroke build endurance (75yds), Butterfly kick, turns.

Swim Condition All 4 strokes. This hour long class works on stroke technique as well as more cardio conditioning for those who can handle more of a workout.

We also offer private lessons to members only! (No non-members) Private lessons \$45/half hour and Group Private Lessons are \$30/student per half hour.

Email Us (westendswim@gmail.com) to schedule available times.

Please see reverse side for registration information. **Non-member swimmers are allowed 30 minutes practice time before their lesson time and will be expected to leave the club after class.** Family members of nonmembers are **NOT** allowed to swim. Swimmers should arrive in a swimsuit, shoes, and a towel. Goggles are optional. Swimmers with long hair should tie it back as securely as possible or wear a cap. PLEASE DO NOT WEAR RASH GUARDS OR ANY OTHER SHIRT-LIKE CLOTHING TO LEARN TO SWIM. They do not provide body warmth, and they impede progress. Once your registration is confirmed there are NO REFUNDS. There are no makeup classes for dates missed. Classes close after maximum number of swimmers have registered. For questions, email us at: westendswim@gmail.com.

West End Aquatics - Learn-to-Swim - Summer 2018 - Registration Form

Please complete one form per swimmer. Registrations must be submitted by 5pm on the Friday before the session for which you are registering.

Swimmer's name: _____

Parent/Guardian: _____

Address: _____

Email: _____

Daytime/Cell Phone: _____

Swimmer's birthdate: _____

Age: _____

Member? NonMember? (circle one)

Did you register for Camp? (circle one) Yes No

Any learning/developmental issues we should know? _____

Registering For: **Members: \$100, Non-Members: \$125** (Circle Session, write level and time desired) *Session 2 price Members: \$80, Non-Members: \$100

Session # 1 (June 25-29) Level _____ Time _____

Session # 6 (July 30- Aug. 3) Level _____ Time _____

Session #2 (July 2-6*) Level _____ Time _____

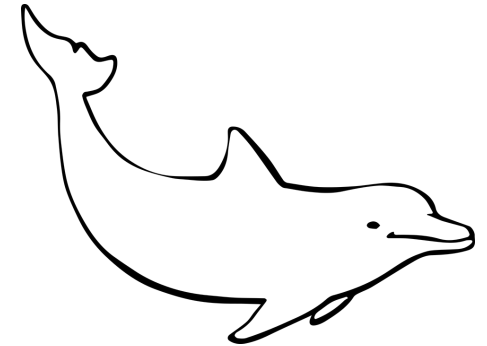
Session # 7(August 6-10) Level _____ Time _____

Session # 3 (July 9-13) Level _____ Time _____

Session # 4 (July 16-20) Level _____ Time _____

Session # 5 (July 23-27) Level _____ Time _____

Release: I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against West End Racquet and Health Club of Torrance, the club and all its representatives, shareholders, directors, officers, employees, and agents for any and all loss, claims, injury, damages or liability sustained or suffered by me in connection with my participation at this club or any special event sponsored by the club at another location.



Parent/Guardian Signature: _____ Date: _____

Date: _____ CK/Card#: _____ Exp. Date: _____ CVC#: _____ Amt. Paid: _____ Emp: _____

Join the Family! Ask a membership director about joining West End!

4343 Spencer Street

Torrance, California

90503

(310) 542-7373

FAX (310) 421-4022