



# West End Aquatics - Learn-to-Swim - Summer 2017

**General information:** We aim to develop lifelong swimmers. Strong swimming leads to a love of water, lifetime fitness opportunities, and most importantly a healthy respect for water safety. Classes are limited to four (4) swimmers ages 4-15 years old. **There are no makeup classes.** Classes that do not meet a minimum of three (3) enrolled swimmers may be cancelled. Tuition is due upon registration, and there are NO REFUNDS after your registration is confirmed. To register, fill out this form and return it to the front desk at West End. Please make checks out to West End. **Because we tend to book every class, we cannot substitute different days or times for individual swimmers. Registrations must be submitted by 12 noon on the Friday before the session for which you are registering.**

Class Days	Class Level	Class Times	Tuition
<b>Monday-Friday</b> (5 classes total per session)	1	10:00am/11:00am/12:30pm/2:30pm*/4:00pm/5:00pm	Members \$75 NonMembers \$90
	2	10:30am/11:30am/1:00pm/3:00*pm/5:30pm	
	3	10:00am/11:30am/12:30pm/3:00*pm/4:30pm	
	4	10:30am/12:00pm/1:00pm/3:30*pm/4:30pm	
	5	11:00am/12:00pm/4:00pm	
<b>M/W/F or T/Th</b>	Swim Condition	5:00-6:00pm	Members \$54 (MWF) or \$36 (TTh) NonMembers \$70 (MWF) or \$46 (TTh)

Session 1 June 19-23  
 Session 2 June 26-30  
 Session 3 July 3- 7\*\*  
 Session 4 July 10-14

Session 5 July 17-21  
 Session 6 July 24-28  
 Session 7 July 31- August 4

Session 8 August 6-11  
 Session 9 August 14-18  
 Session 10 August 21-25

\* Priority is given to SPORTS Campers for these times. Please register early to secure these spots! \*\*NO CLASS Tuesday, July 4th! Tuition is \$60 for members and \$72 for non members. At West End, we aim to develop lifelong swimmers. Strong swimming leads to a love of water, lifetime fitness opportunities, and most importantly, a healthy respect for water safety. Swimmers learn the following skills in the courses below. For example, if your swimmer can do some Freestyle but not Backstroke, s/he should be in Level 3.

- Level 1** - Blow bubbles, submerge face, bobs, float on back and front, glide, basic safety rules.
- Level 2** - Streamline kick front and back, kickboard kick, beginning Freestyle (15yds), surface diving to 4'.
- Level 3** - Freestyle and Backstroke kick and strokes (25yds), surface diving to 7', jumps from edge, begin treading water.
- Level 4** - Deep water bobs, Freestyle and Backstroke endurance (50yds), beginning Breaststroke, treading water, beginning dives.
- Level 5** - Freestyle, Backstroke, and Breaststroke build endurance (75yds), Butterfly kick, turns.

**Swim Condition** All 4 strokes. This hourlong class works on stroke technique as well as more cardio conditioning for those who can handle more of a workout.

**We also offer private lessons! \$40/half hour (members) or \$45/half hour (nonmembers). Email Jacob (jnyeswim@gmail.com) to schedule available times.**

Please see reverse side for registration information. **Non-member swimmers are allowed 30 minutes practice time before their lesson time and will be expected to leave the club after class.** Family members of nonmembers are NOT allowed to swim. Swimmers should arrive in a swimsuit, shoes, and a towel. Goggles are optional. Swimmers with long hair should tie it back as securely as possible or wear a cap. PLEASE DO NOT WEAR RASH GUARDS OR ANY OTHER SHIRT-LIKE CLOTHING TO LEARN TO SWIM. They do not provide body warmth, and they impede progress. Once your registration is confirmed there are NO REFUNDS. There are no makeup classes for dates missed. Classes close after maximum number of swimmers have registered. For questions, email Jacob at: jnyeswim@gmail.com.

# West End Aquatics - Learn-to-Swim - Summer 2017 - Registration Form

Please complete one form per swimmer. Registrations must be submitted by 12 noon on the Friday before the session for which you are registering.

Swimmer's name: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Daytime/Cell Phone: \_\_\_\_\_

Swimmer's birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

Member NonMember (circle one)

Any learning/developmental issues we should know? \_\_\_\_\_

Registering For: **Members: \$75, Non-Members: \$90** (Circle Session, write level and time desired) \*Session 3 price Members: \$60, Non-Members: \$72

Session # 1 (June 19-23) Level \_\_\_\_\_ Time \_\_\_\_\_ Session # 6 (July 24-28) Level \_\_\_\_\_ Time \_\_\_\_\_

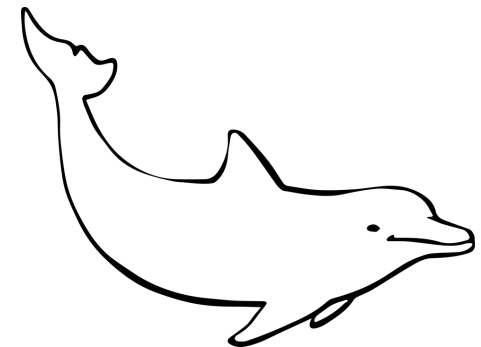
Session # 2 (June 26-30) Level \_\_\_\_\_ Time \_\_\_\_\_ Session # 7 (July 31- Aug. 4) Level \_\_\_\_\_ Time \_\_\_\_\_

Session # 3 (July 3- 7\*) Level \_\_\_\_\_ Time \_\_\_\_\_ Session # 8 (August 6-11) Level \_\_\_\_\_ Time \_\_\_\_\_

Session # 4 (July 10-14) Level \_\_\_\_\_ Time \_\_\_\_\_ Session # 9 (August 14-18) Level \_\_\_\_\_ Time \_\_\_\_\_

Session # 5 (July 17-21) Level \_\_\_\_\_ Time \_\_\_\_\_ Session # 10 (August 21-25) Level \_\_\_\_\_ Time \_\_\_\_\_

**Release:** I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against West End Racquet and Health Club of Torrance, the club and all its representatives, shareholders, directors, officers, employees, and agents for any and all loss, claims, injury, damages or liability sustained or suffered by me in connection with my participation at this club or any special event sponsored by the club at another location.



Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For office use only:

Date: \_\_\_\_\_ CK/Card#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CVC#: \_\_\_\_\_ Amt. Paid: \_\_\_\_\_ Emp: \_\_\_\_\_

**Join the Family! Ask a membership director about joining West End!**

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90503

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