



West End Sports Camp

AGES 5-11

Summer 2025

06/16-8/22

Space Limited

**West End Racquet
and Health Club**

4343 Spencer St.

Torrance, CA 90503

Phone: (310) 542-7373

Email: westendclub@aol.com

Parent Information Sheet

Get your child involved in a program that's fun and rewarding. West End is a Junior Sports Camp for children ages 5-11 years.

*Please read

CAMP HOURS: Monday-Friday: 9am-3pm
Drop off/Pick up Location: At the end of the parking lot the door closes at 9:25am and opens at 2:45pm.
For scheduled Late drop off and early pickup please use our main entrance.

BEFORE/AFTER CARE: Before care is provided from 8:00am-9am and after care is from 3pm-6pm; it is \$16/hour per child. All before/after care will be totaled and charged at the end of the week (cc# on file is required).

ACTIVITIES: Campers participate in several sports throughout the club including tennis, pickleball, basketball, swimming, dodgeball, and kickball. For the younger camper, we offer arts and crafts as well.

RATIO: The campers are divided by age. Campers are always well supervised throughout the club. Ratio is 14 campers to 2 counselors. Age groups are 5-6, 7-8, 9-11

SWIMMING: Open swimming is held Monday - Friday for one hour. Camp staff, as well as a certified lifeguard will supervise campers while in the pool. Younger children, with less swimming experience, will stay in the smaller pool (2'-4'deep). **Parents are responsible to inform the camp director if their camper has any limitations (i.e. can/cannot swim or uncomfortable in pool);** the camp staff will follow these limitations to the best of their ability.

TENNIS: Campers will participate in one hour of tennis instruction which is held Monday thru Thursday. This is group instruction; children are split among tennis courts and taught by a West End USPTA Tennis Pro.



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LUNCH AND SNACKS:

West End provides lunch and snack for your child daily. Snacks include chips and fruit. Lunches vary each day. Your child may bring his/her own lunch (no peanut butter, no Nuts). Water is easily accessible to campers and provided daily.

*Mondays Chicken nuggets or grilled cheese

*Tuesdays Hamburger or cheeseburger or grilled cheese

*Wednesdays Hot Dog or grilled cheese

*Thursdays Mac and cheese or grilled cheese

*Fridays Cheese or pepperoni Pizza

TARDINESS/ ABSENTEEISM:

Campers are to be signed into camp between 8:45am to 9:00am each morning. If your child will be late or absent from the camp, as a courtesy, we ask you to please contact West End front desk (310)542-7373. They will relay the message to the camp director. We ask you to please consider the other children in the camp and keep your child home if he/she is not feeling well. For early pickup you must notify the camp director a night before.

WHAT TO SEND WITH YOUR CHILD:

Campers should wear comfortable, **Sport shoes (not crocs)**, and play clothes.

Sandals are only permitted at the pool area. Send your child with **the following LABELED items daily:**

Reusable water bottle

- Backpack
- Spray Sunscreen
- Swimsuit
- Towel
- Hat
- Tennis racquet (if he/she has one)

LOST AND FOUND:

West End Racquet and Health Club assumes no responsibility for lost or stolen items, please label all belongings with permanent marker. If something is misplaced, check the camps lost and found bucket or front desk lost and found. Unclaimed and found articles will be discarded at the end of each week.

**Please do not send any Nuts, Peanuts or Tree nuts with your child.
Thank you!!**



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Daily Camp Activates

Subject to change: Due to wheatear and kids count.

Kids are grouped by age

- Group two 9-11 Years old
- Group three 7-8 Years old
- Group four 5-6 Years old

We rotate our sports between our groups

- **9-9:30am**
Activity for all groups in center court
9:30-10:30am
Sport activity (dodge ball, kickball, soccer and flag football)
- **10:30-11am**
Snack
- **11-12pm**
Tennis for all except
5-6 years old swimming
- **12:00-12:30pm**
Lunch for all
- **12:40-1:40pm**
Girl's swimming
Boys Pickleball
5-6 Years old Tennis
- **1:40-2:40pm**
Boy's swimming
Girls Pickleball
- **2:45pm**
Change and home ☺

Fridays are chill day ☺ some will enjoy movie & some will play dodge ball or basketball.
Swim time will remain the same.